

Retreat Opportunities within the Tri-State Area (Alabama, Tennessee and Georgia)

The purpose and value of a retreat is that it gives one the opportunity to get away from the daily schedule of activities and responsibilities and to be intentional about spending quiet time with God. This “contemplative pause” gives one the chance to more fully discern God’s call and to determine what direction one should be taking to respond to that call.

Each retreat center listed below offers a variety of directed or private retreats. A sampling of retreats scheduled is listed on the back of this sheet. Directed retreats are scheduled for particular days/times, have a retreat director and tend to have a particular topic/focus for the retreat. Private retreats can be coordinated and scheduled with the retreat center for days/times of your own choosing, tend to not have a particular topic/focus and may not have a retreat director available.

Benedictine Sisters Retreat Center

Sacred Heart Monastery
916 Convent Road, NE
Cullman, Alabama 35055
(256) 734-8302
www.shmon.org

Blessed Trinity Shrine Retreat

107 Holy Trinity Road
Fort Mitchell, AL 36856
Phone: 334-855-4474
www.msbt.org

Carmel Retreat Center

415 Old Collins Road
Houshton (Atlanta), GA 30548
(706) 654-3526

The Abbey of Gethsemani

3642 Monks Road
Trappist, KY 40051
(502) 549-3117
www.monks.org

Ignatius House

6700 Riverside Drive NW
Atlanta, GA 30328
(404) 255-0503
www.ignatiushouse.org

St Bernard Abbey Retreat Center

1600 St Bernard Drive SE
Cullman, AL 35055
(256) 734-3946
<http://stbernardretreat.com>

Additional Opportunities:

Parish Days of Reflection—*as advertised in the bulletin*

Monthly within the parish—

First Friday Adoration of the Blessed Sacrament, 9am-9pm

First Saturday Mass and Holy Hour, 8:30-10:15am

Retreat Calendar

- Mar 6-8, 2009 “Come Follow Me”
Ignatius House, Atlanta, GA
- Mar 13-15, 2009 Dance of the Celtic Spirit
Retreat Director: Carmel Boyle
Blessed Trinity Shrine Retreat, Fort Mitchell, AL
- Mar 13-15, 2009 Lenten Retreat
Benedictine Sisters Retreat Center, Cullman, AL
- Mar 15-20, 2009 Praying with Clay
Benedictine Sisters Retreat Center, Cullman, AL
- Mar 18, 2009 Lenten Desert Day, 9:30-4pm
Benedictine Sisters Retreat Center, Cullman, AL
- Mar 19-22 “Why Worry? Jesus Calms Us”
Ignatius House, Atlanta, GA
- Mar 21, 2009 T.S. Eliot’s *Four Quartets* An Approach to Mysticism
Benedictine Sisters Retreat Center, Cullman, AL
- Mar 26-29 “Journey into the Desert” Women’s Lenten Retreat
Ignatius House, Atlanta, GA
- Mar 27-29, 2009 Intensive Centering Prayer
Benedictine Sisters Retreat Center, Cullman, AL
- Apr 9-12, 2009 The Sacred Triduum
Benedictine Sisters Retreat Center, Cullman, AL
- Apr 17-19, 2009 “Alive in the Spirit” Men’s Retreat
Ignatius House, Atlanta, GA
- Apr 24-26, 2009 Rule of Benedict: Deepening Christ-Awareness
Benedictine Sisters Retreat Center, Cullman, AL
- Apr 24-26, 2009 “Our Holy Yearning”
Ignatius House, Atlanta, GA
- May 9, 2009 Paul’s Vision of Global Salvation
9:30-4pm Benedictine Sisters Retreat Center, Cullman, AL
- Jun 12-14, 2009 “Do Not Be Afraid”
Ignatius House, Atlanta, GA